



HEALING

RETREAT

• AUGUST 2023 •

Contamana - Loreto - Perú
August 4th to 12th 2023



WELCOME!

You are invited to our next retreat at the healing center Soi Nete in Contamana - Loreto - Perú.

This center, home of Maestro Ordoño and his lovely family, opened its doors in July of 2021.

Since then, Soi Nete has held many healing retreats, created personalized treatments and educated its visitors about learning diets within the Shipibo tradition.

Located in the lush Peruvian rainforest in front of a beautiful lagoon, Soi Nete is a place where you will not only heal, but find a world you could not have imagined, teeming with life and filling your senses with colors, sounds and lush aromas.

In 2009, Lila met Maestro Armando and some time later she met Maestro Ordoño. Since then, they have worked together and are now ready to guide and receive you on your healing journey.

Benkanwe!



THE CEREMONY

Ayahuasca ceremonies are healing spaces.

The Maestros identify and release the suffering that plague the soul and body of each of the attendees through ikaros (songs in the Shipibo language).

The Maestros enter the spiritual world with the knowledge given to them by the plants, strengthened by dieting for long periods of time.

According to the Amazonic worldview, disease originates in our energetic body, and from there, it moves forward until it becomes evident in the physical body. With Ayahuasca, we enter into the spiritual world (the maestro and the person who wishes to drink the plant) and with the help of the maestro we heal and prevent diseases.





DISEASES WE CAN HEAL

Which diseases can be treated through the Amazonic Traditional Medicine system?

- Depression and anxiety
- Panic attacks
- Mental diseases
- Chronic diseases
- Trauma
- Diabetes
- Migraine
- Asthma
- Alcoholism and addictions
- Anorexia, Bulimia
- Lupus
- Gastritis
- Gout
- Ulcers
- Cáncer
- HIV (non-terminal phase, treatment in the jungle)
- Other diseases that are not treatable by Western medicine.





PURPOSE

In this retreat, attendees will receive an energy cleaning and healing for different diseases by the amazonian doctors Armando Cerrano, Ordoño Pérez, his brother Grimaldo Pérez, and the holistic therapist and crystal healer, Lila.

It is important to consider that in some cases more treatment is needed (each person has their own healing process) but attendees will be able to feel a great deal of improvement. In some cases, they will need to complement the healing with additional treatments like medicinal baths with plants or by continuing the healing process at home.

By the end of the retreat, we will explain these treatments to anyone who is interested in continuing treatment after the retreat.



AMAZONIAN MEDICINE

In the past, healers were the only ones who took Ayahuasca in order to see and enter into the energy field of the participants in order to heal them.

Nowadays, the search for the awakening of consciousness has led many people to want to experience Ayahuasca for themselves.

Taking Ayahuasca can help us to remember past traumas or events that may be conditioning our present, overcome traumas, heal wounds, forgive, awaken our consciousness and see life from another perspective. However, it is not necessary to take Ayahuasca in order to heal or participate in an Ayahuasca ceremony. An amazonian doctor can heal and release the patient from their diseases even when the patient does not take Ayahuasca.





CONSIDERATIONS

Only drink Ayahuasca under supervision and professional guidance.

Do not drink ayahuasca:



- If you are taking psychiatric medication.
- *If you wish to take Ayahuasca while on certain medications it is necessary to stop taking the medications between 10 and 3 days before taking Ayahuasca(consult the healing center before stopping any medication)



- If you have heart problems or conditions.



- If you are in the advanced stages of any disease.



DIET & FOOD

The diet is at least 5 days before and 8 days after the retreat. It consists in the following:

- No pork (hams, sausages, paté, bacon, etc.)
- No sea food (fish, tuna, shellfish, algae, shells, etc.)
- No beef.
- No Chilly pepper (ají, rocoto and spicy in general).
- No sexual interaction.
- No alcohol nor any type of drug including marihuana and other plants not indicated.
- No shampoo or soap during the retreat or seven days after. Natural alternatives will be indicated.



THE RETREAT INCLUDES:

- 3 Plant baths.
- 1 Purge with master plants.
- 4 Healing Ceremonies with Ayahuasca medicine.
- 1 Ceremony of rapé.
- Workshops on Amazonian Medicine.
- Dance therapy sessions
- Meditation and minfullness workshops
- Food and lodging: Shared bedrooms of 3 or 4 people.

ARRIVAL:

Tuesday, December 26th, in the city of Pucallpa.

DEPARTURE:

Wednesday, Juanury 03th, 1:00 pm we will arrive in the city of Pucallpa.





THE RETREAT (DOES NOT INCLUDE)

- Plane and boat tickets to the city of Contamana.
- Lodging in hotels and food outside the retreat.
- Walk to the hot springs.

Estimated prices:

- Roundtrip tickets Lima -Pucallpa: \$120
- Boat ticket from Contamana - Pucallpa: 200 soles or \$65 (roundtrip).
- Lodging in Pucallpa: 50 soles or \$15
- Lodging in Contamana: 40 soles or \$10.
- Walking to the hot springs: 60 soles or \$20 including transportation, entrance and lunch.





SUGGESTIONS

We will stay in an isolated place and will only have electricity 2 hours per day.

- In Contamana there is Banco de la Nación and BCP agents and global net (which sometimes does not work regularly). Precautions must be taken into account.
- Take only the necessary cash and exchange dollars in Lima or Pucallpa. In Contamana it is NOT possible to Exchange dollars.
- In the center the internet from Claro and Bitel works well. It is advisable to carry a chip from these operators.





MORE ACTIVITIES

- Introductory Workshop on Amazonian Medicine
- Excursion to the lagoon and surrounding villages
- Traditional Ceramic Workshop
- Family Constellation by Oscar Ernesto Laos
- Dance Therapy Workshops by Desiré Rodriguez
- Guided Meditations
- Bonfire under the stars
- Exploration Tour of Medicinal Plants
- Visit to the hot springs (Optional)





RETREAT INVESTMENT

2600 soles (Perú) o 700 dollars approx.
(according to the daily change).

In order to reserve your place, a previous payment of 50% of the total amount is requested.

Accepted payment methods: PayPal + transfer fee.
Credit or debit cards + 5%.

The remaining 50% must be paid before the retreat, no later than December 21th, or in cash (Peruvian soles) upon arrival in Contamana.

Maximun Availability 15 people.

Not including the aforementioned expenses.





GUIDES



ORDOÑO PÉREZ

- Original from the etnia Shipibo Conibo.
- Ayahuasca doctor - Vegetalist.
- With more than 20 years of experience treating all kinds of diseases in person and long distance.



ARMANDO CERRANO

- Original from the etnia Shipibo Conibo.
- Ayahuasca doctor – Vegetalist
- With more than 30 years of experience treating all kinds of diseases in person and long distance.



ALEJANDRA RUBIO (LILA)

- Holistic therapist
- Cristal healer, reikist.
- With more than 10 years of experience in Amazonian medicine, leading ceremonies and as an apprentice of



GRIMALDO PÉREZ

- Maestro Ordoño´s younger brother. With more than 10 years of experience.
- From a very young age, he learned the knowledge of his father who was also a teacher and now works with his brother in the healing center.

CANCELLATION POLICIES:



1 – If attendance to the retreat had to be cancelled, 80% of the amount transferred will be refunded by notifying at least 3 weeks in advance.

1.1 – If the cancellation is not with a minimum notice of 3 weeks in advance, the entire subscription is lost, it is possible to reschedule or transfer the quota depending on the circumstances.

2 - If you have to cancel attendance to the retreat, it is possible to transfer the quota to another participant, keeping 100% of the payment.

3 - In case we are forced to cancel or postpone the scheduled retreat, there will be options: The return of 100% of the amount paid or the attendance to the rescheduled retreat.

RESERVATIONS

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